

2001 California Dietary Practices Survey

Table 9: Average Number of Servings of Vegetables and Salads Eaten By Adults, Trends 1989-2001

Question: Did you have any vegetables or salad yesterday?

	Servings Eaten							Change in Average Number of Servings Eaten Yesterday						
	1989	1991	1993	1995	1997	1999	2001	1989-91	1991-93	1993-95	1995-97	1997-99	1999-01	
	Total	1.6	1.8	1.8	2.0	1.9	2.0	1.9	0.2*	NC	0.2*	-0.1*	0.1*	-0.1
Sex														
Males	1.6	1.8	1.7	1.9	1.8	2.0	1.9	0.2	-0.1	0.2	-0.1	0.2	-0.1	
Females	1.7	1.8	1.9	2.1	1.9	2.1	2.0	0.1	0.1	0.2*	-0.2	0.2	-0.1	
Males														
18 - 24	1.4	1.9	1.4 ^a	*	1.6 ^a	*	1.9	1.5	2.0	0.5	-0.5	0.2	0.3	-0.4
25 - 34	1.5	1.7	1.6 ^{ab}		1.8 ^a		1.7	1.8	2.0	0.2	-0.1	0.2	-0.1	0.1
35 - 50	1.6	1.9	1.9 ^b		2.2 ^b		1.7	2.2	1.9	0.3	NC	0.3	-0.5**	0.5*
51 - 64	1.8	1.7	1.8 ^{ab}		1.5 ^a		1.9	2.2	1.8	-0.1	0.1	-0.3	0.4*	0.3
65+	1.6	1.8	1.9 ^{ab}		1.8 ^a		2.0	2.0	1.7	0.2	0.1	-0.1	0.2	NC
Females														
18 - 24	1.5	1.3 ^a	***	1.4 ^a	*	2.0	1.7	1.7	1.5	-0.2	0.1	0.6*	-0.3	NC
25 - 34	1.6	1.7 ^a		1.7 ^{ab}		1.9	1.8	2.2	1.9	0.1	NC	0.2	-0.1	0.4
35 - 50	2.0	2.0 ^b		2.2 ^b		2.3	2.0	2.2	2.2	NC	0.2	0.1	-0.3	0.2
51 - 64	1.7	1.9 ^{ab}		1.8 ^{ab}		2.0	2.1	2.1	2.0	0.2	-0.1	0.2	0.1	NC
65+	1.6	1.9 ^{ab}		2.0 ^{ab}		2.2	1.9	2.0	2.1	0.3	0.1	0.2	-0.3	0.1
Ethnicity														
White	1.7	**	1.9 ^b	***	2.0 ^a	***	2.0 ^b	*	2.0	***	2.1 ^b	***	2.1	0.2*
Hispanic	1.3		1.4 ^a		1.5 ^b		1.9 ^a		1.6		1.6 ^a		1.8	0.1
Black	1.5		1.8 ^{ab}		1.8 ^{ab}		1.4 ^a		1.4		1.7 ^{ab}		1.7	0.3
Asian/Pacific Islander											1.9 ^{ab}		1.8	0.1
Education														
Less than high school	1.5	*	1.4 ^a	***	1.5 ^a	***	1.6 ^a	*	1.5	***	1.4 ^a	***	1.5 ^a	***
High school graduate	1.4		1.6 ^{ab}		1.6 ^a		1.8 ^{ab}		1.6		1.7 ^{ab}		2.0 ^{bc}	
Some college	1.7		2.0 ^{bc}		1.8 ^a		2.1 ^b		1.8		2.0 ^b		1.8 ^{ab}	
College graduate	1.9		2.0 ^c		2.1 ^b		2.2 ^b		2.2		2.5 ^c		2.2 ^c	
Income														
Less than \$15,000	1.4	**	1.6 ^a	*	1.5 ^a	***	2.0	1.4	***	1.8 ^a	***	1.8	0.2	-0.1
\$15,000 - 24,999	1.7		1.8 ^{ab}		1.8 ^{ab}		1.9	1.8		1.7 ^a		1.9	0.1	NC
\$25,000 - 34,999	1.7		1.8 ^{ab}		1.8 ^{ab}		2.1	2.2		1.9 ^a		1.9	0.1	NC
\$35,000 - 49,999	1.6		1.7 ^{ab}		2.1 ^b		2.1	1.9		2.0 ^a		1.8	0.1	0.4*
\$50,000+	1.9		2.1 ^b		2.0 ^b		2.1	2.0		2.6 ^b		2.1	0.2	-0.1
Physically Active										1.7	***			
Did not meet recommendations										2.2				
Met recommendations														
Overweight Status														
Overweight/Obese											1.9			
Not overweight											2.0			

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a, b, c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA:

* p<.05

** p<.01

*** p<.001